

EQUIPMENT LIST
Snowshoe Day Trip

NO	ITEM DESCRIPTION	QUANTITY	COMMENTS
1	Day Pack	1	Softpack or Frame pack suitable for carrying extra gear.
2	Ten Essentials	1	Include all items. See separate list.
3	Emergency Shelter	1	Tube tarp/tent – Keep it light and compact
4	Whistle	1	Used for emergency signaling only
5	Rope/Utility Cord	50 FT Min	Some type of utility rope or cord that is suitable to hold lashings, knots, string lines, etc.
6	Warm Clothes	1	NO COTTON: Long Underwear (Polypro is preferred), Polar Fleece or Wool Sweater, Shirt, Pants, Hat and gloves). Pack extra clothing in plastic bag lined stuff sack. Include Fleece or Wool Jacket.
7	Socks	2 Extra Pairs	NO COTTON – Wool or Synthetic Wool (Thin pair of polypro or silk is good to have for blister prevention)
8	Polar Fleece or Wool Hat	1	NO COTTON. Balaclava very nice to have in addition.
9	Gloves	1 Pair	Synthetic Insulation or fleece liner with Nylon Gortex outer shell. Extra pair nice to have.
10	Hiking/Snow Boots	1 Pair	Treated for waterproofness. Make sure they are broken in. Lightweight nylon type boots will not work.
11	Rain Gear	1 EA	Jacket and Pants (Light duty plastic poncho will not work)
12	Ensolite Pad	1	Closed cell foam to insulate from the earth while sitting or lying down.
13	Water Bottle	1 or 2 Bottles	Heavy exertion requires minimum of two liters per person per day.
14	Snack Foods	Varies	As needed.
15	Water Treatment/Purification	1 Vial	For times when clean water is not available. Either Iodine tablets or filter.
16	Snow Shoes	1 Pair	Suitable for type of terrain traveling on
17	Snow Shovel	1	Has varied uses
18	Ski Goggles	1 Pair	For windy and snowstorm conditions
19	Snow Probe	1 Set	Has varied uses
20	Avalanche Beacon	1	If traveling in the backcountry where avalanche potential exists.
21	Allergy Medicine	1	Counteract allergic reactions.
22	Signed Permission Slip	1 EA	Must have signed form by parent for every trip.